

## Systems training suite of courses for Quality Physical Education

The afTLC systems training suite of courses for Physical Education has been designed to help you know, understand and implement the research-informed change that the system is requiring. Planning for a curriculum that focuses on the alignment of intent-implementation-impact and higher standards; inclusive teaching and learning with less content in greater depth; assessing for learning and mastery assessment; Early Years expectations; GCSE's, GCE AS and A Levels; and an Ofsted inspection framework that also includes a personal development category, allows you to approach the changing landscape with confidence and assured of quality.

The Suite Includes:

- afTLC Designing Curriculum for Mastery Learning in Physical Education (Intent)
- afTLC Pedagogy for Mastery Learning in Physical Education (Implementation)
- afTLC Standards-Based Assessment for Mastery Learning in Physical Education (Impact)
- afTLC The Quality of Physical Education and Ofsted deep dives
- afTLC Developing the Early Years Foundation Stage within Schools and Settings
- afTLC Effective Teaching and Learning for Higher Standards in Examination Physical Education

Accredited by the afPE Professional Development Board

## Designing Curriculum for Mastery Learning in Physical Education

### What is this course about?

What is Mastery learning? How do you plan for it? How do you align intent-implementation-impact? How do you sequence, combine and scaffold learning throughout the relevant key stages? What is a curriculum map - a map of sequenced learning or a list of activities? How do you embed and combine school values, PE aims and personal development as well as PE subject matter content into your curriculum design? The course will answer these questions and focuses on the principles of effective curriculum design that can lead to higher standards. In particular, the opportunities offered to teachers in designing a curriculum for all learners that moves away from an isolated activity led approach to an integrated purposeful child-centred approach.

### What does this course cover?

The course will reference the National Curriculum 2014 physical education programme of study and allow you to apply the principles of effective curriculum design using our unique card system. You will leave with a curriculum architecture and approach to planning that promotes deep and engaging learning for all pupils. This will also include the writing of a unit of work.

### Who is it suitable for?

This course is suitable for any physical education teacher, teaching assistant, coach, consultant, trainer or Ofsted inspector who is working in or with primary or secondary schools to raise the standard of physical education, school sport and physical activity for children and young people and who is responsible for or who contributes to curriculum planning.

### What is the duration of the course?

The course is one full day from 9am for registration and refreshments for a 9.30am start through to 4pm.

### How is it assessed?

Your needs are assessed throughout the day and responded to. There is no formal assessment required on your part. You will be provided with a colour bound course booklet and a 2GB memory stick with the PowerPoint used and numerous documents providing background reading.

### How can I be confident of quality?

Andrew Frapwell has been involved in developing curriculum practices nationally and internationally, including the physical education curriculum in Kosovo (2014) and Qatar (2018). He was part of a stakeholder group contributing ideas to shaping the National Curriculum Programme of Study for PE (DFE 2013). You will engage in interactive activities to encourage deep learning.

### How much will this cost?

It will cost you £190+vat. This includes course administration, planning, delivery, photocopying, resources, certification, unlimited refreshment and a two-course luncheon.

## Pedagogy for Mastery Learning in Physical Education

### What is this course about?

The course was developed in response to research information from Cognitive Science and provides us with research-informed and evidence-based practice about what works and why in teaching and learning. A move from our default teaching approach to 'Let's think Pedagogy' for mastery learning is explored.

### What does this course cover?

The course focuses on developing the following skills with students: questioning, collaborative learning, problem solving, retrieval practice, independent learning, metacognition and challenge. Let's think pedagogy will be explored through practical examples in PE.

### Who is it suitable for?

This course is suitable for any physical education teacher, teaching assistant, coach, consultant, trainer or Ofsted inspector who is working with primary or secondary schools to raise the standard of physical education and participation in school sport and physical activity for children and young people.

### What is the duration of the course?

The course is one full day from 9am for registration and refreshments for a 9.30am start through to 4pm.

### How is it assessed?

Your needs are assessed throughout the day and responded to. There is no formal assessment required on your part. You will be provided with a colour bound course booklet and a 2GB memory stick with the PowerPoint used and numerous documents providing background reading.

### How can I be confident of quality?

Andrew Frapwell has been involved in developing assessment practices nationally and internationally - in England, Kosovo and Qatar. He is the author of "In Deep Learning to Learn" (Coachwise 2011). You will engage in interactive activities to encourage deep learning.

### How much will this cost?

It will cost you £190+vat. This includes course administration, planning, delivery, photocopying, resources, certification, unlimited refreshment and a two-course luncheon.

## Standards-Based Assessment for Mastery Learning in Physical Education

### What is this course about?

This course was originally developed in response to government legislation in the form of statutory instrument 2232 which removed level descriptors from the education system. It is about how we can develop assessment strategy in PE that promotes a growth mindset amongst learners and achieve higher standards in PE aligned to a school and department's intent (values, vision, aims and planning); implementation (the way teachers teach and learners learn and the effective use of assessment for learning) and how we can use assessment for diagnostic and summative purposes to maximise impact.

### What does this course cover?

The course will reference the National Curriculum (DfE 2013) PE programme of study aims, the standards expected at the end of each key stage and ideas for practice. Ideas for assessment information that is fit for purpose will be developed, focusing on a day to day, medium and long-term basis in order to deepen learning. This will lead to answers about how we demonstrate progress, the evidence we might use, information we might use internally (and that Ofsted do not wish to see) and information we might use to recognise achievement and report progress. Issues surrounding continued use of descriptive data linked to meaningless levelling practice and flight paths will be addressed.

### Who is it suitable for?

This course is suitable for any physical education teacher, teaching assistant, coach, consultant, trainer or Ofsted inspector who is working with primary or secondary schools to raise the standard of physical education, school sport and physical activity for children and young people.

### What is the duration of the course?

The course is one full day from 9am for registration and refreshments for a 9.30am start through to 4pm.

### How is it assessed?

Your needs are assessed throughout the day and responded to. There is no formal assessment required on your part. You will be provided with a colour bound course booklet and a 2GB memory stick with the PowerPoint used and numerous documents providing background reading.

### How can I be confident of quality?

Andrew Frapwell has been involved in developing assessment practices nationally and internationally - most recently in Kosovo and England. He is the author of "A Practical Guide to Assessing without Levels" (Coachwise 2015). You will engage in interactive activities to encourage deep learning.

### How much will this cost?

It will cost you £190+vat. This includes course administration, planning, delivery, photocopying, resources, certification, unlimited refreshment and a two-course luncheon.

## The Quality of Physical Education and Ofsted deep dives

### What is this course about?

This course is about developing your effective practice in schools and will help you to develop high quality physical education in your school (which in turn will prepare you for a visit from Ofsted, including a deep dive focus). In May 2019 Ofsted published a 'new' research-informed framework that focused on the quality of education framed as 'Intent-implementation-impact' and how it must be aligned. It also included a refocus on the holistic development of the learner and an emphasis on personal development. The course will dispel many myths and allay some of the fears about the Ofsted visit.

### What does this course cover?

The course will explore the Ofsted framework (updated April 2021) and the Ofsted inspection handbook (published May 2019). You will identify what is required for effective physical education provision and practice to help you to develop the quality of physical education (Intent-implementation-impact). Delegates will be given the chance to observe videos of PE lessons / sections of lessons and use the Ofsted framework to develop PE subject audits/surveys. For primary colleague, consideration will also be given as to how best to spend the PE and sport premium.

### Who is it suitable for?

This course is suitable for any primary or secondary school physical education teacher who coordinates / leads physical education in their school. It is also suitable for aspiring coordinators/leaders who wish to become familiar with the Education Inspection Framework from a PE perspective and who wish to raise the quality of physical education for all children and young people in their school.

### What is the duration of the course?

The course is one full day from 9am for registration and refreshments for a 9.30am start through to 4pm.

### How is it assessed?

Your needs are assessed throughout the day and responded to. There is no formal assessment required on your part. You will be provided with a colour bound course booklet and a 2GB memory stick with the PowerPoint used and numerous documents providing background reading.

### How can I be confident of quality?

Steven Caldecott is a qualified Ofsted inspector and has worked at all stages of education from primary through to higher education. He was originally trained and worked as a PE teacher. He will provide an insight and a clarity to the inspection framework in particular focusing on what you can do to improve teaching to impact on progress in learning and standards and how assessment information might be used to achieve this. Steven has had glowing testimonials about his down to earth common-sense approach; his attention to detail and an ability to not take himself too seriously.

### How much will this cost?

It will cost you £190+vat. This includes course administration, planning, delivery, photocopying, resources, certification, unlimited refreshment and a two-course luncheon.

## Developing the Early Years Foundation Stage within Schools and Settings

### What is this course about?

This course has been developed in response to the ever-changing educational landscape of the Early Years Foundation Stage. With the introduction of the revised EYFS framework (from 1 September 2021). The course will look at the areas of learning, with a particular focus on physical development. Early Years Pupil Premium, the Baseline assessment and the changes to Ofsted inspection with regard to the Early Years Foundation Stage, practitioners and leaders need to be aware of both current and future expectations and how to meet them.

### What does this course cover?

The course will reference the EYFS statutory Framework, detailing assessment requirements, learning and development requirements, and the safeguarding & welfare requirements. You will gain confidence in evidencing progress in all aspects of the EYFS, ideas for documenting the changes you have made or intend to make for the benefit of children's learning which include transition, working with parents, the characteristics of effective learning and the enabling environment. Regarding physical development Core strength and co-ordination, Gross motor and Fine motor skills will be illustrated.

### Who is it suitable for?

This course is suitable for any practitioner within the Early Years or Year 1, Early Years Phase leader or manager who is working in a Primary School or Early Years Setting and wishes to make a positive impact upon the teaching and learning of children in their earliest years in education.

### What is the duration of the course?

The course is one full day from 9am for registration and refreshments for a 9:30 start through to 4pm.

### How is it assessed?

Your needs are assessed throughout the day and responded to. There is no formal assessment required on your part. You will be provided with a colour bound course booklet and a 2GB memory stick with the PowerPoint used and numerous documents providing background reading.

### How can I be confident of quality?

Suzanne Dunn is a trainer and consultant with extensive experience working with children and families across numerous sectors, including schools, children's centres and private provision. For four years she worked in a local authority curriculum quality advisory role.

Suzanne has an interest in assessment within the Early Years and Key Stage 1, the role of physical development as a building block for education, the characteristics of effective learning and transition into and within the Primary School. She is currently a member of TCTYC, the association of Early Years Educators and 4children, the national charity all about children and families.

### How much will this cost?

It will cost you £190+vat. This includes course administration, planning, delivery, photocopying, resources, certification, unlimited refreshment and a two-course luncheon.

## af Thinking & Learning Company Ltd

### Effective Teaching and Learning for higher standards in Examination Physical Education

#### What is this course about?

This course has been developed to support schools in aligning their physical education core provision with examination PE to give young people the best possible chance to achieve success in physical education. It will address curriculum planning and sequencing of awarding organisation specification content, pedagogical approaches and assessment.

#### What does this course cover?

This course will cover curriculum development in terms of key stage 4 readiness and aligning KS3 and KS4 to the aims of physical education. How our existing knowledge of examination physical education can be best translated into research-informed appropriate pedagogical practice. It will cover learning per se and address the concept that in theory there is no difference between theory and practice. In practice there is! Exploring this relationship will support you in developing a more flexible approach to learning that is not confined to 'classroom theory' and 'practical sports performance'. Finally, assessment in examination PE, including moderation, will be explored as an opportunity to achieve greater success.

#### Who is it suitable for?

This qualification is suitable for any secondary physical education teacher, delivering examination Physical Education in schools, including GCSE, GCE A-Level or BTEC who is keen to raise the standard of achievement in the subject.

#### What is the duration of the course?

The course is one full day from 9am for registration and refreshments for a 9.30am start through to 4pm.

#### How is it assessed?

Your needs are assessed throughout the day and responded to. There is no formal assessment required on your part. You will be provided with a colour bound course booklet and a 2GB memory stick with the PowerPoint used and numerous documents providing background reading.

#### How can I be confident of quality?

Andrew Frapwell is a registered Ofqual Physical Education subject expert who held a lead reviewer role for examination reform. He has also reported for Ofqual with review information of awarding organisation moderation processes and procedures.

#### How much will this cost?

It will cost you £190+vat. This includes course administration, planning, delivery, photocopying, resources, certification, unlimited refreshment and a two-course luncheon.

