



First Aid Suite of Qualifications

The Suite Includes:

- ITC Level 2 Award in Basic Life Support and Safe Use of an Automated External Defibrillator Documents
- ITC Level 3 Award in: Emergency First Aid at Work
- ITC Level 3 Award in: First Aid at Work
- ITC Level 3 Award in: First Aid for Sport, Exercise and Fitness
- ITC Level 3 Award in: Paediatric First Aid

We also offer the ITC SCQF qualifications, which are part of the Scottish Credit and Qualifications Framework [SCQF]. These qualifications are regulated in Scotland by the external regulators of qualifications - Scottish Qualifications Authority. The qualifications are supported by the Sector Skills Council for Health; Skills for Health and acceptable throughout the UK.

- ITC Level 5 Certificate in: Outdoor First Aid (SCQF)

Note:

Prices are based on a tutor / candidate ratio of 1:12 for all of the ITC First courses. Discounts are available for companies who wish to receive the training for 12 employees.

ITC Level 2 Award in Basic Life Support and Safe Use of an Automated External Defibrillator Documents

What is this qualification about?

ITC has developed a training programme and accredited qualification, following the current Resuscitation Council (UK) guidelines. Electrical defibrillation is well established as the effective therapy for cardiac arrest, the most important determinant of survival being the time from collapse to delivery of the first shock. Today the widespread deployment of Automated External Defibrillators (AED's) is considered a realistic strategy for reducing death rates due to heart disease.

What does this qualification cover?

A brief historical introduction; vital signs and basic life support; BLS scenarios; chain of survival; heart rhythms; AED scenarios; assessment; dealing with aftermath and evaluation.

Who is it suitable for?

No previous experience is necessary, although it would be useful to have had some basic first aid training. This qualification is suitable for anyone wishing to develop their basic life support skills.

What is the duration of the course?

4 hours.

How is it assessed?

Ongoing practical assessment. You will each be provided with an easy to follow course manual. The course is certificated with a valid lifetime of 3 years. Regular refresher training is strongly advised.

How can I be confident of quality?

We use an accredited ITC tutor who delivers these courses nationally.

How much will this cost?

The course costs £50+vat per person and this will include unlimited tea and coffee. It also includes your registration fee which we pay to ITC First on your behalf, planning, delivery, photocopying, resources, a course manual, assessment, internal verification, course administration and certification.

ITC Level 3 Award in: Emergency First Aid at Work

What is this qualification about?

Employers have to risk assess their workplace first aid requirements, and the 1-day Emergency First Aid at Work (EFAW) qualification is one of the statutory qualifications for this purpose. With modern mobile communication, modern emergency service response times and the changing face of UK employment from a manufacturing to a service economy, first aid needs have changed.

What does this qualification cover?

Understanding the role of the first aider including reference to:

- the importance of preventing cross infection;
- the need for recording incidents and actions;
- use of available equipment;

Assessing the situation and circumstances in order to act safely, promptly and effectively in an emergency; administering first aid to a casualty who is unconscious (including seizure); administering cardiopulmonary resuscitation CPR; administering first aid to a casualty who is choking; administering first aid to a casualty who is wounded and bleeding; administering first aid to a casualty who is suffering from shock; providing appropriate first aid for minor injuries (including small cuts, grazes and bruises, minor burns and scalds, small splinters).

Who is it suitable for?

No previous experience is necessary to enrol on the course. If the risk assessment is that employees may be faced with life-threatening incidents where they have to manage the casualty for 10 minutes, or very minor incident that will not require medical assistance, then the EFAW is the course that meets your needs. For other potential first aid circumstances the employee can phone for help and medical assistance.

What is the duration of the course?

The EFAW is a 6-hour programme

How is it assessed?

Assessment is ongoing and the candidate must demonstrate competence in scenario situations

How can I be confident of quality?

We use an accredited ITC tutor who delivers these courses nationally

How much will this cost?

The course costs £75+vat per person and this will include sandwiches and buffet lunch and unlimited tea and coffee. It also includes your registration fee which we pay to ITC First on your behalf, planning, delivery, photocopying, resources, a course manual, assessment, internal verification, course administration and certification.

ITC Level 3 Award in: First Aid at Work

What is this qualification about?

Employers have to risk assess their workplace first aid requirements and the 3-day First Aid at Work (FAW) qualification is one of the statutory qualifications for this purpose.

What does this qualification cover?

The first part of this qualification covers the content of the ITC Level 2 Award in Emergency First Aid at Work course (EFAW see previous page.) A further 12 hours' content for FAW includes: administering first aid to a casualty with injuries to bones, muscles and joints, including suspected spinal injuries; chest injuries; burns and scalds; eye injuries; sudden poisoning; anaphylactic shock; and recognising the presence of major illness and provide appropriate first aid (including heart attack, stroke, epilepsy, asthma, diabetes).

Who is it suitable for?

Any suitable employee identified as a result of the workplace risk assessment. No previous experience is required.

What is the duration of the course?

All candidates must attend the full 18-hours contact time in order to fulfil the qualification 'license to practice' requirement.

How is it assessed?

As well as full attendance each candidate is continually assessed on each section of the programme. The first 6-hours content of the course will cover the EFAW revalidation. The full First Aid at Work qualification is revalidated by completing a 12-hour Revalidation First Aid at Work (FAWR) course, providing the FAW certificate is within its valid lifetime.

How can I be confident of quality?

We use an accredited ITC tutor who delivers these courses nationally

How much will this cost?

The course costs £225+vat per person and this will include sandwiches and buffet lunch each day and unlimited tea and coffee. It also includes your registration fee which we pay to ITC First on your behalf, planning, delivery, photocopying, resources, a course manual, assessment, internal verification, course administration and certification.

ITC Level 3 Award in: First Aid for Sport, Exercise and Fitness

What is this qualification about?

As well as the basic life support and topics found upon most first aid courses, this qualification includes key sports related incident management content, including sports injury assessment, cease/return to activity decision making and safe moving. The FA accept this qualification as a refresher course, as long as you have initially already completed the FA first aid.

What does this qualification cover?

Content can include return to play decisions, managing specialist sports kit such as shin pads / boots etc., when to and not to use ice, and sports specific first aid such as managing winding, blows to testicles, dead leg, possible compartment syndrome, assisting from pitch and other sports related first aid concerns.

Who is it suitable for?

This qualification is for physical education teachers, teaching assistants, the sports performer, coaches, spectators, activity leaders, volunteers or other involved adults. No prior knowledge or experience is required, but you should be at least 16 years of age.

What is the duration of the course?

The course is 7 hours duration / one day. It must be completed within five weeks of starting which allows combinations of two or three-hour twilight sessions, mid-week or weekend sessions. The course can be combined with the three day first aid at work (FAW) course and candidates will achieve both qualifications (price on application).

How is it assessed?

Typical delivery methods are predominantly practical and the course is assessed by continual observation of candidate performance.

How can I be confident of quality?

We use an accredited ITC tutor who delivers these courses nationally.

How much will this cost?

The course costs £75+vat per person and this will include sandwiches and buffet lunch and unlimited tea and coffee. It also includes your registration fee which we pay to ITC First on your behalf, planning, delivery, photocopying, resources, a course manual, assessment, internal verification, course administration and certification.

ITC Level 3 Award in: Paediatric First Aid

What is this qualification about?

This qualification meets the statutory requirements for the Early Years Foundation Stage framework which requires at least one person who has a current paediatric first aid certificate to be on the premises or outings at all times when children are present.

What does this qualification cover?

The course covers two units: Paediatric Emergency First Aid and Managing Paediatric Illness and Injury. According to EYFS guidance for effective paediatric training:

- Training is designed for workers caring for children in the absence of their parents the need for recording incidents and actions;
- Resuscitation and other equipment include baby and junior models, as appropriate
- Training should include recording accidents and incidents

Who is it suitable for?

This course is for those who might have to identify and manage emergency situations or manage minor everyday occurrences when looking after young children. This qualification meets Ofsted requirements for those working in early years' settings and uses the criteria for effective paediatric first aid training found in Appendix 1 of The Early Years Foundation Stage (EYFS) Practice Guidance document.

What is the duration of the course?

Each of the two units is normally delivered per day making this a two-day course. In responding to your needs this can also be delivered in combination of two- or three-hour twilight sessions, midweek or weekend courses. The minimum time training is 12 hours. The maximum time to deliver is over six weeks if one twilight session is run per week.

How is it assessed?

The practical training is interactive and hands on. You will receive an ITC course booklet, which acts as a portfolio log book which must be maintained. Both units have to be passed and this is through practical assessment of performance. The Award is valid for three years and should be renewed.

How can I be confident of quality?

We use an accredited ITC tutor who delivers these courses nationally.

How much will this cost?

The course costs £150+vat per person and this will include sandwiches and buffet lunch each day and unlimited tea and coffee. It also includes your registration fee which we pay to ITC First on your behalf, planning, delivery, photocopying, resources, a course manual, assessment, internal verification, course administration and certification.

ITC Level 5 Certificate in Outdoor First Aid (SCQF)

What is this qualification about?

This qualification is built by combining 2 mandatory units of assessment in one coherent training package. This is the only Outdoor First Aid qualification that is externally regulated and meets the standards to appear upon a national qualification framework.

What does this qualification cover?

The qualification comprises of two units: First Aid in the Workplace, which can lead to a qualification suitable for Emergency First Aid at Work (SCQF) purposes and this additional certificate will be provided by request at the end of the course delivery; and First Aid for Outdoor Incident Management

Who is it suitable for?

This course is designed to meet the needs of those working away from professional emergency assistance (more than 10 minutes) such as staff in outdoor centres, ski instructors or ski leaders, teachers on skiing trips, teachers or coaches delivering orienteering sessions in woodland for example, coaches delivering sessions in remote settings and so on. Comparing and contrasting what is different in the urban context when appropriate, will give you a clear understanding of your first aid roles in urban and outdoor settings. For those of you with Outdoor National Governing Body Instructor awards, passing this course will maintain your 'license to practice'. No prior experience is necessary, and you need to be at least 14 years of age to access the course.

What is the duration of the course?

The guided learning hours are 18 for the two units which gives you 2 credits. The tutor contact is 16 hours which can be programmed over two days. The qualification must be delivered over a minimum of 9 weeks and the minimum session duration is 2 hours.

How is it assessed?

The qualification is composed of 2 units for assessment, although the content from both units is typically delivered together, integrated throughout the course so that the course is relevant for, and aimed at, the outdoor worker from the moment you walk through the door. The delivery is practical and is assessed through continual practical performance using observation, worksheets and scenarios.

How can I be confident of quality?

We use an accredited ITC tutor who delivers these courses nationally.

How much will this cost?

The course costs £150+vat per person and this will include a two-course luncheon and unlimited tea and coffee. It also includes your registration fee which we pay to ITC First on your behalf, planning, delivery, photocopying, resources, a course manual, assessment, internal verification, course administration and certification.